

THE SELF-ADVOCACY APPROACH AT ROSIE'S PLACE



WHO are Rosie's Place's guests?

They are women with racially, culturally, linguistically, and educationally diverse backgrounds and identities. They are strong, resilient women capable of surviving in the face of chaotic life circumstances including *homelessness, poverty, mental illness, trauma, abuse and/or domestic violence*.

How can I create a safe, empowering space?

- Strive for inclusivity
 - Provide translated materials for non-English speakers
 - Make sure that everyone has a chance to speak who want – it is ok to interrupt so others can have a chance to share
- Meet guests where they are
 - Let go of expectations and judgments
 - Respect and listen to guests' perspectives and opinions
- Bring patience and a sense of humor

WHAT are some tools to integrate this approach?

- Relationship and trust building
 - Introductions – share names and/or personal connection to topic
 - State objectives of training
 - Set ground rules as a group
- Interactive Content
 - Ask what women already know
 - “Pair share” – ask women to share with a partner about a topic or in response to a question
 - Ask for feedback by doing a plus/delta or another evaluation
 - End by passing a high five around

ROSIE'S PLACE MISSION is to provide a safe and nurturing environment for poor and homeless women to maintain their dignity, seek opportunity and find security in their lives.

SELF-ADVOCACY MISSION is to empower guests to work towards and achieve self-sufficiency by building their knowledge and confidence through interactive workshops and trainings that explicitly acknowledge overlapping systems of oppression, and to broaden Rosie's Place service to poor and homeless women by providing online resources for their use and empowerment.

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