



Help  
**ROSIE'S PLACE**  
with your food drive



Help us provide 1,800 guests per month with 20 to 40 pounds of foods that their families prefer and enjoy.

## Needed food:

- Fresh fruit and vegetables
- Canned fruit (no added sugars)
- Canned vegetables (low sodium)
- Canned soups, stews, sauces (low sodium)
- Canned tuna and chicken in water
- Dry beans
- Peanut butter
- Brown rice
- Whole wheat pasta
- Oatmeal packets
- Cereal (corn flakes, Cheerios, Special K, Raisin Bran)
- Granola
- 100% juice
- Shelf-stable milk

Think outside the can! Consider fresh or dried options.

For more information, contact Katie Amoro at 617.318.0211 or [kamoro@rosiesplace.org](mailto:kamoro@rosiesplace.org).