Food Assistance for Mothers, Infants, and Children (WIC)

WIC is a food and nutrition program for low-income pregnant women, new mothers, and children under 5 years old who have a documented nutritional need. WIC benefits are administered through an Electronic Benefit Transfer card (EBT) that can be used to purchase approved healthy foods to supplement a regular diet, and nutrition counseling and health screening services.

Eligibility:
- Massachusetts resident
- Have a nutritional need (as documented by a WIC worker)
- Pregnant, post-partum or breastfeeding mothers and children birth to age 5
- Income at or below 185% of the federal poverty level
- There are no citizenship or immigration requirements for WIC.

Verifications:
- Proof of income
- Proof of Massachusetts residency
- Proof of identity
- If you have trouble gathering these documents, ask your WIC worker to assist you.

To apply for WIC, you can call your local WIC to schedule an appointment. To find the site closest to you, call Massachusetts WIC at 1-800-942-1007. The WIC sites in Boston are at:

- **Blue Hill Corridor WIC Program**
  - 632 Blue Hill Avenue
  - Dorchester, MA 02121
  - (617) 822-5588

- **Brighton/Roslindale WIC Program**
  - 640 Washington Street
  - Brighton, MA 02135
  - (617) 254-0492

- **Cambridge/Somerville WIC Program**
  - 366 Broadway Street, Suite 102
  - Somerville, MA 02145
  - (617) 575-5330

- **East Boston WIC Program**
  - 10 Gove Street
  - East Boston, MA 02128
  - (617) 568-6440

- **Jamaica Plain WIC Program**
  - 3297 Washington Street
  - Jamaica Plain, MA 02130
  - (617) 983-6086

- **Roxbury WIC Program**
  - 1290 Tremont Street, 4th floor
  - Roxbury, MA 02120
  - (617) 989-3055

Information compiled by ROSIE’S PLACE
Food Assistance – WIC

Chelsea/Revere WIC Program
MGH-Revere Healthcare Center
300 Ocean Avenue
Revere, MA 02151
(781) 485-6040

Dorchester North WIC Program
Upham's Corner Health Center
500 Columbia Road
Dorchester, MA 02125
(617) 825-8994

Dorchester South WIC Program
Dorchester House Multi-Service Center
1353 Dorchester Avenue
Dorchester, MA 02122
(617) 825-0805

South Boston WIC Program
386 West Broadway Street
South Boston, MA 02127
(617) 464-5850

South Cove WIC Program
145 South Street
Boston, MA 02111
(617) 521-6777

South End WIC Program
1601 Washington Street
First Floor
Boston, MA 02118
(617) 425-2070